

# Summer Programs Panel

Empower Fall 2023  
September 9th, 2023

# Contents

- Why do a summer program
- Types of summer programs
- How to search for summer programs
- Q&A
- Supplementary

# Disclaimer

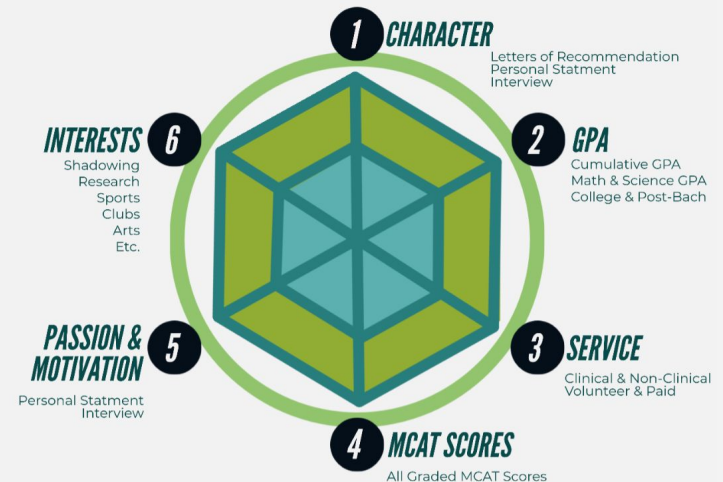
- Programs are great, structure-wise, but are not the only option
- Jobs, summer courses, industry internships are valid too
  - Good to supplement with clinical/research/service experiences
- Medical schools want to see that you stay busy

# Why do a summer program?

Engaging in a program can help with

1. Becoming a well-rounded applicant
  - a. skills, perspectives, experiences
2. Discovering new passions and interests
3. Strengthening expertise
4. Demonstrating commitment

## MEDICAL SCHOOL APPLICANT ATTRIBUTES



# Types of Summer Programs

- Clinical
  - Shadowing, volunteer work, pre-health programming, etc.
- Research
- Service
  - education, health, policy etc.
- Internships
  - industry, academic, public health, etc.

# Considerations for Choosing Summer Programs

- Program duration
  - Do these dates conflict with my class or exam schedules?
- Financial Compensation
  - Is there any stipend or pay?
  - Am I responsible for covering housing, travel, food, etc?
- Eligibility
  - School year? Citizen-status?
- Deadlines
  - When does the application open?
  - Do I need to ask for letters of recommendation? Send transcripts?
  - When is the last day I can submit?

# Summer Program Databases

- **Summer Health Professions Education Program Database:**  
<https://www.shpep.org/for-students/other-opportunities/>
- **Savvy Premed:** <https://www.savvypremed.com/blog/the-top-40-pre-med-summer-internships>
- **AAMC Summer Programs Web Database:** <https://systems.aamc.org/summerprograms/>
- **AAMC Summer Undergraduate Research Programs:**  
<https://students-residents.aamc.org/phd-biomedical-science/summer-undergraduate-research-programs>
- **The Leadership Alliance Summer Research Early Identification Program:**  
<https://theleadershipalliance.org/summer-research-early-identification-program>
- **Boston University, Pre-Health Summer Experiences:**  
<https://www.bu.edu/prehealth/experiences/summeropportunities/>
- **Department of Energy National Labs:** <https://www.energy.gov/jobs-national-labs>

# Summer Program Web Searches

- Summer Undergraduate Research Programs (SURP)
  - Offered at many academic institutions across the country
- Pre-Med Summer Programs
  - Offered at many medical schools across the country
- Hospital Volunteering
  - Call the volunteer office of your local hospitals
- Major Research Hubs:
  - The NIH
  - The Broad Institute
  - The CDC
  - U.S. Department of Energy National Labs
  - Cancer Centers



# Examples of Summer Programs: Research

## The Leadership Alliance Summer Research Early Identification Program

- **Program duration:** 8–10 weeks
- **Finances:** covers stipend, and travel and housing expenses
- **Application:** Opens: November 1st // Closes: February 1st
- **Program highlights:**
  - Hosted at leading academic institutions across the country
  - Matched with a research mentor
  - Make oral or poster presentations at the Leadership Alliance National Symposium
- **Link:** <https://theleadershipalliance.org/summer-research-early-identification-program>



# Examples of Summer Programs: Internships

## Columbia University's Summer Public Health Scholars Program

- **Duration:** 10 weeks
- **Finances:** stipend, housing, transit, and travel assistance provided
- **Application:** opens end of November// closes end of January
- **Program highlights:**
  - Public Health Coursework (e.g., introduction to public health, epidemiology, and health disparities and cultural competence)
  - Internship Placements and Mentorship
  - Field Trips (e.g., Center for Disease Control and Prevention, Mount Sinai Adolescent Health Center, Harlem Grown Inc., Project SAFE Brownsville Neighborhood Health Action Center)
- **Link:**  
<https://www.publichealth.columbia.edu/academics/degrees/pathway-programs/summer-public-health-scholars-program>



# Examples of Summer Programs: Service

## Collective Power for Reproductive Justice

- **Duration:** 10 weeks
- **Finances:** stipend provided (housing, meals, and travel are not)
- **Application:** opens end of November// closes end of January
- **Program highlights:**
  - Partners with Host Sites across the country that tackle diverse aspects of reproductive health (e.g. housing, immigration, education)
  - A 3 day training at the annual CLPP conference will include workshops on non-profit organizations, grassroots organizing, communication, reproductive rights and health and social justice, and self-care
- **Link:**  
<https://collectivepowerj.org/collective-rising-internships/faqs/>



# Harvard Programs

- High School
  - HMS MEDScience: <https://hmsmedscience.org/summer-programs-overview>
  - HMS Health Professions Recruitment & Exposure Program (HPREP): <https://hprep.wordpress.com/>
  - HMS HOPE Medical Scholars: <https://www.hopemedicalsolars.org/>
  - Project Success: <https://dicp.hms.harvard.edu/dicp-programs/k-12/high-school-programs/project-success>
- Undergraduate and/or post-baccalaureate
  - HMS Summer Honors Undergraduate Research Program (SHURP): <https://shurp.hms.harvard.edu/>
  - Harvard/MIT Equitable Access to Research Training (HEART) MD–PhD Summer Program: [https://www.hms.harvard.edu/md\\_phd/heart/admissions.html](https://www.hms.harvard.edu/md_phd/heart/admissions.html)
  - BWH Summer Training in Academic Research and Scholarship (STAR): <https://cdi.brighamandwomens.org/bwh-stars-program>
  - BWH Four Directions Summer Research Program: <https://cdi.brighamandwomens.org/four-directions-summer-research-program/>
  - DICP Visiting Research Internship Program: [dicp.hms.harvard.edu/dicp-programs/college/project-success](https://dicp.hms.harvard.edu/dicp-programs/college/project-success)
  - MGH Summer Research Trainee Program (SRTP): <https://www.massgeneral.org/cdi/programs/students/summer-research-trainee-program-srtp>
- Both:
  - DFCI Continue Umbrella of Research Experiences (CURE): <https://www.dfcc.harvard.edu/research/cancer-disparities/students/cure-overview>

# Q & A

Ask us anything!